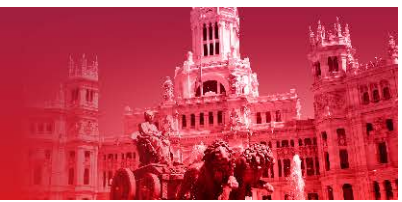







EPA 2020
28TH EUROPEAN CONGRESS OF PSYCHIATRY

Madrid, Spain
28-31 March 2020

THE SHARED HERITAGE
OF EUROPEAN
PSYCHIATRY



EPA 2020 Legend:	Section		Tracks:	
	Ticket required		Educational	
			Research	
			European	
	ECP session		Clinical/Therapeutic	
			Mental Health	
			Ask the Experts	
			Committee meetings	
				Break
				Networking Event
			Satellite Symposium	

	Friday, 27 March 2020
9:00-12:00	Committee Meeting: Executive Committee Meeting (By Invitation Only)
12:00-13:00	
13:00-18:00	Committee Meeting: Board Meeting (By Invitation Only)



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Saturday, 28 March 2020										
EPA Forum (9:00-13:40)										
Hall	Hall 3	Hall 4	Hall 5	Hall 6	Hall 7	Hall 8	Hall 9	Hall 10	Hall 11	Meeting Room
9:00-13:40	EPA Forum (9:00-13:40)									
14:45-16:15	EPA Course 1 Techniques for Managing Challenges in Clinical Practice: An Interactive EPA Simulation Course Using Role-Play and Video [Others] 	EPA Course 2 How to Write a Scientific Paper [Research methodology] 	EPA Course 3 Medical Ethics in Psychiatry [Ethics and Psychiatry] 	EPA Course 4 Early Intervention in Psychosis: Working as a Team and Involving Families [Schizophrenia and other Psychotic Disorders] 	EPA Course 5 Forcibly Displaced People (Refugees, Asylum Seekers) and Mental Health: Basic Knowledge and Skills for Mental Health Workers [Migration and mental Health of Immigrants] 	EPA Course 6 The Pharmacological Management of Mood Disorders and Psychosis During Pregnancy and Lactation [Women, Gender and Mental Health] Proposed by the EPA Section on Women, Gender and Mental Health 	EPA Course 7 Autism Spectrum Disorder in Adults [Others] Proposed by the EPA Section on Neurodevelopmental Disorders Across the Lifespan (NDAL) 	EPA Course 8 The ABCs of the Clinical-Diagnostic Interview [Psychopathology] 	EPA Course 9 Non-invasive Brain Stimulation Methods (rTMS – tDCS): from Evidence to Practice [Psychosurgery & Stimulation Methods (ECT, TMS, VNS, DBS)] Proposed by the EPA Section on Old Age Psychiatry 	Council of NPAs: 14:00-17:00 (By Invitation Only)
16:15-16:45	Coffee Break									
16:45-18:15	EPA Course 1: (cont.) 	EPA Course 2: (cont.) 	EPA Course 3: (cont.) 	EPA Course 4: (cont.) 	EPA Course 5: (cont.) 	EPA Course 6: (cont.) 	EPA Course 7: (cont.) 	EPA Course 8: (cont.) 	EPA Course 9 (cont.) 	
18:15-18:30	Break to Change Halls									
18:30	Opening Ceremony Followed by a Welcome Reception									
21:00	Early Career Psychiatrists Networking Event (ticketed required) + ECP QUIZ									



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Sunday, 29 March 2020												
Hall	Hall 1	Hall 2	Hall 3	Hall 4	Hall 5	Hall 6	Hall 7	Hall 8	Hall 9	Hall 10	Ask The Experts	Meeting Room
8:00-9:30	Symposium Building the Future of Evidence-Based Medicine: RCT and Beyond	Symposium Transdiagnostic Perspective of ADHD Among Different Mental Disorders	Workshop Acute Short-Lived Psychotic Disorders: Clinical, Nosological and Socio-Cultural Aspects	Symposium Optimising Primary Care Prescribing of Antidepressants: Regional and International Perspectives	Symposium Cognitive Impairment Across the Schizophrenia Spectrum: Focus on Assessment and Treatment Proposed by the EPA Section on Schizophrenia	Symposium Communication with Patients and their Families: A Joint EPA Sections and NPAs Symposium	Symposium Understanding the Variation of the Human Brain: Genes, Sex, Environment and Psychopathology	Workshop Secondary Prevention of Suicide	EPA Course 10 ABCs of Neuropsychiatry for Psychiatrists [Old Age Psychiatry] Proposed by the EPA Section on Old Age Psychiatry	EPA Course 11 Useful Open Science Tools to do Research in Psychiatry [Research Methodology]		Early Career Psychiatrists Committee: 9:00-11:45 (By Invitation Only)
9:30-10:00	Short Break											
10:00-11:30	Symposium Person-Centred Research and Care for People with Schizophrenia	Workshop Early Intervention/Early Detection in Psychosis in Real-Life Practice: Different Models Across Europe. Proposed by the EPA Section on Prevention of Mental Disorders	Symposium Etiopathogenesis of Suicidal Behaviour and Major Depression: Novel Approaches Proposed by the EPA Section on Suicidology and Suicide Prevention	Debate Antidepressants in Bipolar Depression: Should We Use Them?	Workshop The Vicious Cycle of Virtuous Rules: How Good Intentions May Fail Psychiatry and Medicine	Symposium A New Model to Manage Difficult to Treat Depression	Symposium ECNP Symposium Hosted by the EPA: Transdiagnostic Approaches in Neuropsychiatry	ECP Workshop ABCs of Psychotherapy	EPA Course 10 (cont.)	EPA Course 11 (cont.)		
11:45-12:30	Plenary: The Digital Future of Mental Health: Achievements and Scenarios											
12:30-13:15	Lunch Break, e-Poster Presentations & Visit the Exhibition											
13:15-14:45			Satellite Symposium		Satellite Symposium		Satellite Symposium					Early Career Psychiatrists Luncheon: 12:30-14:00 (By Invitation Only)
14:45-15:00	Short Break											
15:00-15:45	Symposium Monotherapy Against Polypharmacy in Schizophrenia: What is the Evidence?	Workshop Psychotherapy Training in Europe Proposed by the EPA Section on Psychotherapy	State of the Art Behavioural Addictions (Gambling, Internet, Food, Sex, Exercise...): Where Does It Start, Where Does It End?	Symposium E-Mental Health Across the Lifespan Proposed by the EPA Section on TeleMental Health and the EPA Section on Neurodevelopmental Disorders Across the Lifespan	Workshop Assisted Suicide in the Elderly Proposed by the EPA Section on Old Age Psychiatry	Symposium Immune Alterations in Early Psychosis: New Goals for Diagnosis and Treatment	Symposium Psychiatric Comorbidities in Bipolar Disorders: Double Penalty and Trajectories	ECP Workshop Key Priorities for Mental Health Policies Beyond 2020	Symposium Psychosocial Imaging: Disentangling the Interplay Between Environmental Variables and Psychotic Disorders Proposed by the EPA Section on Neuroimaging	Short Oral 1	Ask The Experts	
15:45-16:30			State of the Art Bipolar Disorder: Keys to Successful Outcomes									
16:30-17:00	Coffee Break, e-Poster Presentations & Visit the Exhibition											
17:00-18:30	Symposium My Dealer is a Doctor: on Latrogenic Addictions Proposed by the EPA Section on Addictive Behaviours	Symposium Intercultural Opening of Mental Health Care Services Across Europe. Proposed by the EPA Section on Cultural Psychiatry	Symposium Negative Symptoms in Subjects With Schizophrenia and at High Risk for Psychosis: The State of the Art of Assessment and Treatment Proposed by the EPA Section on Schizophrenia	Symposium Best of 2019: Research that Advanced Psychiatry and Changed Our Practice	Workshop The Case for Employment as Medicine in Psychiatry Proposed by the EPA Section on Epidemiology and Social Psychiatry	Workshop Antipsychotics and Antidepressants Dosing: Focus on Elderly Patients Proposed by the EPA Section on Old Age Psychiatry and the EPA Section on Psychopharmacology	Symposium Bipolar Disorders on Top of Mood Stabilisers: Can We Improve the General Health?	ECP Symposium Mental Health: Better Social Environment for Less Inequality?	Symposium Unconventional Treatments With Unique Mechanistic Targets for Major Depressive Disorder			
18:30-18:45	Short Break											
18:45-20:30	General Assembly											



Monday, 30 March 2020												
Hall	Hall 1	Hall 2	Hall 3	Hall 4	Hall 5	Hall 6	Hall 7	Hall 8	Hall 9	Hall 10	Ask the Experts	Meeting Room
8:00-9:30	Symposium Major Depression as an Episodic Illness: Benefits of Re-Framing the Disease Course	Workshop The Schizophrenia Label: Patient, Family and Professional Perspectives Proposed by the EPA Section on Schizophrenia	Workshop Responding to Violence Against Women as Clinicians: Where do Legal Aspects Fit in? Proposed by the EPA Section on Women, Gender and Mental Health	Debate Do We Need Antipsychotics for the Long-Term Treatment of Schizophrenia?	Short Oral 2	Symposium Suicide Behaviour in Different Mental Disorders: Epidemiological Findings and Perspectives on Suicide Prevention	EPA Course 12 Psychiatric Management of Borderline Personality Disorder (BPD) With or Without Psychotherapy [Personality and Personality disorders]	ECP Workshop Why Should Digital Psychiatry Be Taught to Psychiatric Trainees?	EPA Course 13 Brief Motivational Interviewing Intervention in the Emergency Room: How to Engage Quickly Patients with Addictive Disorders [Addictive disorders] Proposed by the EPA Section on Addictive Behaviours	EPA Course 14 Non-Pharmacological Treatment of Adult ADHD [Psychotherapy] Proposed by the EPA Section on Psychotherapy		Committee on Education: 9:00-11:45
9:30-10:00	Coffee Break, e-Poster Viewing & Visit the Exhibition											
10:00-11:30	Symposium Examples of How a Dimensional Approach in Mood Disorders is Useful in Clinical Practice	Symposium Mental Health and the Transition from Child to Adult Mental Health Services in Europe	Symposium From Group-Level Significance to Single-Subject Prediction: How Machine Learning is Changing Research in Psychiatry	Workshop What Does the Internet Allow for Prevention and Care in Addiction? Reaching Unreachable People	Symposium Psychosis and Migration: From Clinical Understanding to Epidemiological Evidences (and Vice Versa) Proposed by the EPA Section on Cultural Psychiatry and the EPA Section on Epidemiology and Social Psychiatry	Symposium Perinatal Depression: Psychopathological Characteristics and Treatment Strategies	EPA Course 12 (cont.)	ECP Workshop New Addictions and New Classification Systems: What Should We Know?	EPA Course 13 (cont.)	EPA Course 14 (cont.)	Ask the Experts	
11:45-12:30	Plenary The Stupchild of Medicine: Psychiatry's Notorious Past and Bright Future											
12:30-13:15	Lunch Break, e-Poster Presentations & Visit the Exhibition											
13:15-14:45		Satellite Symposium		Satellite Symposium		Satellite Symposium						European Psychiatry Editorial Board Meeting: 12:30-13:00 (By Invitation Only)
14:45-15:00	Short Break											
15:00-15:45	Symposium The Ageing Schizophrenia Population: A New Growing Population With New Challenges Proposed by the EPA Section on Old Age Psychiatry	Symposium Molecular Underpinnings of Trauma and Stressor-Related Disorders: Clinical and Translational Implications	State of the Art Eating Disorders: From Neurobiological Factors Involved to Therapy State of the Art 4 Specialised Services for First Episode Psychosis: Which Psychopharmacology, Which Psychotherapy and Beyond	Workshop How We Can Achieve the Impossible in Psychiatry: Personal Stories, Perspectives and Lessons for the Future	Workshop An Exciting Time for Research for Early Career Psychiatrists: Methods and Perspectives	Workshop Prescribing Transcranial Direct Current Stimulation (tDCS) for Depression: How to and for Whom?	Symposium Making an Economic Case for Early Intervention/Early Detection (EJ/ED) of Psychosis Across European Countries Proposed by the EPA Section on Prevention of Mental Disorders	ECP Symposium Reached 2020 - But How Online Are We All, and How Much More Are We Going to Be?	Short Oral 3	Short Oral 4	Ask the Experts	Section Coordination Meeting: 15:30-17:00 (By Invitation Only)
15:45-16:30												
16:30-17:00	Coffee Break, e-Poster Presentations & Visit the Exhibition											
17:00-18:30	Symposium Can Quality Assurance of Psychiatric Services Reduce Stigma and Discrimination?	Symposium Deep Brain Stimulation for Our Patients: When, How and Where?	Joint Session	Symposium New Ideas and Technologies in the Treatment of Anxiety and Psychotic Disorders	Symposium Current Challenges in the Diagnosis and Treatment of Behavioural Addictions	Symposium Treating Anxiety, Depression and Bipolar Disorders: Aiming at the Amygdala	Workshop The Complexity of Bipolar Disorders	ECP Workshop Your Attention Please: Let's Talk About ADHD!	Short Oral 5	Short Oral 6		

